

## **Blue Fish Sustainable Fly-Fishing Tips**

- 1.** Using artificial flies increases the chances of survival since live bait is more likely to be swallowed deeply, increasing the risk of injury to the fish.
- 2.** Cut the line close to the hook if a hook is swallowed deeply, the fish will work the hook out with time.
- 3.** Using non-offset circle hooks or barbless hooks can reduce harm to fish.
- 4.** Avoid playing fish until exhausted by using equipment of the correct strength.
- 5.** Keep air exposure to a minimum by unhooking and photographing fish while still in the water.
- 6.** Avoid beaching fish to prevent the removal of their protective slime and the chance of infection.
- 7.** Do not lift fish out of the water by the tail as it can damage the spine or internal organs of the fish.
- 8.** Avoid squeezing fish between the pectoral (chest) fins to prevent placing pressure on the fish's heart
- 9.** Do not touch the gills and avoid placing fingers under the gill plate.
- 10.** Revive fish by supporting the fish by placing a hand under the belly while holding the fish underwater by the tail. If in moving water, face the fish into the current. Submerge the fish as deep as possible to avoid warmer surface water.